Notice of Race
langstrecke.ch 2026
1st Rookies Cup, U15 Team Sprint

This year, Seeclub Zürich/OK langstrecke is launching the Rookies Cup, a U15 team sprint on rowing ergometers on land. For the first time, our youngest rowers can take part in langstrecke.ch as athletes. The focus is on team spirit, the joy of moving and fair competition.

Event	langstrecke.ch, Rookies Cup U15 Team Sprint on the rowing ergometer
Date / time	12 December 2026, 12:30–14:00
Venue	Eglisau, next to the church https://maps.app.goo.gl/biCXrADbYruHG2yC6
Organiser	Seeclub Zürich
Entry deadline	4 December 2026, 14:00
Changes	until 9 December 2026, 14:00

1. Category and eligibility

Year of birth	2011 and younger
Distance	2,000 m
Categories	U15 women (girls) U15 men (boys) U15 mixed (2 girls / 2 boys)
Team	Each team consists of four athletes. A team may only start if all four members are present.

2. Race format – relay

The four team members row one after another on the same ergometer. Each athlete rows a total of 500 m.

- The 500 m can be rowed in one go or split into several stints, e.g. 2 × 250 m or 4 × 125 m.
- Each team decides on its own order and number of changeovers.
- A race will only take place if at least two complete teams per category are at the start.

3. Results and prizes

Teams are ranked per category. The winner is the team that completes the 2,000 m in the shortest time. The three best-placed teams in each category receive a prize.

4. Entries

Entry	Rowing club, team representative (first name, last name, email, phone), athletes per team (first name, last name, year of birth)
How to enter	https://forms.gle/WN8uVeH1id7EcVgz7
Entry deadline	4 December 2026, 14:00
Changes	until 9 December 2026, 14:00, by email to ok@langstrecke.ch

5. Event information

- Start lists and start times will be published after the entry deadline.
- Teams must arrive at the venue in good time and follow the instructions of the organisers.

6. Contact

Seeclub Zürich, langstrecke.ch organising committee
ok@langstrecke.ch